



UPCOMING WORKSHOPS

FEB 26TH, 2026 Bite Sized Learning - Virtual Event

MARCH 3RD, 2026 - Volunteer Leduc: A Case Study of Volunteer Impact on the Community with Elana Hansen - Virtual Event

MARCH 11TH, 2026 - Rec Connect with RWD & SPRA - Rosetown
For Recreation Practitioners

MARCH 18TH, 2026 - Finding Success in Fundraising - Virtual Event



Discover the workshops and training opportunities available through Rivers West!

We're here to support your organization or community by bringing meaningful, engaging programs directly to you.

[Click HERE](#) to view our *updated* Expression of Interest. We are making it our goal to connect with as many communities as possible and ensure everyone is aware of the full range of workshops and training we offer.

Let's work together to bring valuable learning opportunities to your area!

Partner Workshops

- Sport for Life Workshops
- Anti-Racism in Coaching
- NCCP Multi-Sport Training Modules
- Respect in Sport
- Sport for Life Education Program





Sask Sport's Women in Sport program is designed to increase the number of women involved in sport, coaching and leadership roles at the community and high-performance levels.

Sask Sport has collaborated with Spark Solutions to develop *Changing the Game: A Playbook for Girls' Sport in Saskatchewan*. The playbook is split into five sections, each highlighting a specific area of sport and offering ideas, tools, resources and more to help develop girls and women in sport from athletes just getting started to coaches and administrators and from the grassroots level through to high performance.

Section 1 – [On the Field: Creating Programs Where Girls Thrive](#)

Section 2 – [Beyond the Sidelines: A Playbook for Welcoming Women in Sport](#)

Section 3 – [On the Field of Play: Women as Technical Leaders in Sport](#)

Section 4 – [From the Sidelines to the Boardroom: Empowering Women in Sport Leadership](#)

Section 5 – [The Organizational Playbook: Strategies for Growth and Sustainability](#)

In partnership with organizations such [Canadian Women & Sport](#) and the [Saskatchewan Parks and Recreation Association](#), a variety of workshops and support materials are available.

These workshops are created to be stand-alone events or as value-added programs to existing conferences or special events. **Descriptions of all available workshops are available from [Canadian Women & Sport](#).**

Stay Connected!

NEW



Follow us on

Instagram

NEW

**EVENTS CALENDAR
CLICK HERE**



The 2026 Saskatchewan Winter Games are coming
to Flying Dust First Nation and the City of Meadow
Lake on February 15-21, 2026!

Tickets on Sale Now!
Opening & Closing Ceremonies, Full Week, 1st Half
and 2nd Half Passes are now on sale

[CLICK HERE TO PURCHASE TICKETS](#)

We are continuously updating our website with important information for athletes, coaches, parents, and volunteers. As soon as we know—so will you!

[RWD Website Sask Games Page](#)

PHOTO GALLERY
CLICK HERE

SAVE THE DATE!

St. Walburg & Area's Annual WALK FOR MENTAL WELLNESS

Raising Awareness for Mental Health & Addictions



SUICIDE



MENTAL
HEALTH



ADDICTION

FRIDAY, MAY 29, 2026

CATHOLIC PARISH CENTRE
COCKTAILS 5 PM
SUPPER 5:30 PM
GUEST SPEAKER TO FOLLOW

TICKETS \$40 EACH

ON SALE FEBRUARY 1, 2026
LIMITED TICKETS WILL BE AVAILABLE
FOR MORE INFO CONTACT SHIRLEY 306-218-7181

Guest Speaker: Tyler Smith

Survivor of the 2018 Humboldt Broncos bus crash, Tyler Smith is the founder of Not Alone Co., a mental health awareness clothing line, and co-host of the podcast Speak Your Mind with NHL veteran Riley Sheahan.

Through speaking and advocacy, Tyler inspires communities to embrace vulnerability, foster connections, and create safe spaces for healing and hope.





service star spotlight

Allyson Senecal, from Rosetown, was honoured at the Saskatchewan Sport Awards Gala on January 29th, 2026 for her time and effort devoted to the growth of Figure Skating in Saskatchewan,

Congratulation from Rivers West District!

For three decades, Allyson Senecal has taken on various roles within figure skating and has been guided by an athlete-first philosophy when making decisions. Whether she is volunteering as in official or leading the Skate Canada – Saskatchewan board as President, Senecal works to achieve what is best for the sport and those involved. In the diverse areas that she volunteers, Senecal has played essential roles in ensuring provincial and national events take place without error. As technical representative, she oversees every part of competition and acts as a liaison between local organizing committees, officials, athletes, coaches and Skate Canada. Senecal's selfless attitude is the base on which she has built success for the figure skating community in Saskatchewan.

[Watch Video of Allyson's Volunteer Dedication](#)





athlete spotlight

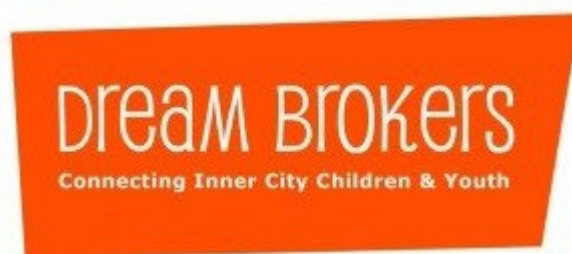


Savannah Sutherland, from Borden was honoured at the Saskatchewan Sport Awards Gala on January 29th, 2026 for her time and effort devoted to the growth of Figure Skating in Saskatchewan,

Congratulation from Rivers West District!

Savannah Sutherland broke four records, including a Canadian national one, in the women's 400-metre hurdle event at the NCAA Track and Field Championships with a time of 52.46 seconds. It was the ninth fastest time ever ran in the event. In addition to the gold medal she received at that event, Sutherland also secured gold at other international and national meets.

[Watch Savannah's Accomplishments](#)



What is Dream Broker all about? . . . The Dream Broker connects inner-city youth and their families with a sport, recreational or cultural activity. She can support participation in various sport, culture or recreation activities by helping with registration costs, transportation, equipment or just by being a cheerleader on the sidelines when a family member is unable to attend.

Please let Chelsey know if you're interested in more information.

Email ddb@riverswestdistrict.ca or call/text 639-895-0289

District Dream Broker

Chelsey Gladue

DISTRICT DREAM BROKER MONTHLY UPDATE

February 2026:

Can you believe it's already February? The year is moving quickly, and we have some exciting updates to share from the Dream Broker program.

Kin Kids Launching Soon

We're thrilled to announce that **Kin Kids with Robyn O'Hara** will be starting at the end of February. Kin Kids is a fantastic program designed to introduce early-age students to the wonderful world of sports through fun, movement, and skill-building activities. I'm really looking forward to offering this program to the younger students in my schools and seeing the confidence and joy it brings.

KidSport Update

KidSport is making some important changes this year. The program is transitioning from traditional paper applications to a fully digital application process. To support families through this shift, **Chelsey will be available to help parents navigate the new online system** and ensure everyone can access the support they need.

Chelsey is also busy coordinating with service providers and finalizing dates for programs beginning in March. We're excited to see these opportunities continue to grow for families in our community.

Coffee & Convo with Chelsey

Chelsey is also trying out a new way to connect with families. She'll be hosting

a **Coffee & Convo afternoon**, starting with a pilot session at Connaught. This informal gathering will give families a chance to meet Chelsey, learn more about the Dream Broker program, ask questions, and get hands-on support with the new KidSport online application process. It's a great opportunity to build relationships and make sure families feel supported and informed.



Applications Now Open for the
Doubled Community Rink Affordability Grant

Applications for the 2025-26 Community Rink Affordability Grant, are now open and run until February 27, 2026.

Skating and curling rinks are integral to the creation of vibrant, active, and connected communities in Saskatchewan. Administered by SPRA on behalf of the Government of Saskatchewan, the Community Rink Affordability Grant is intended to support communities and organizations with the operating costs of indoor ice surfaces.

A grant of \$5,000 will be available per ice surface to help offset the expenses for eligible indoor skating and curling rinks for the 2025-2026 operating season

- **Eligibility Criteria:** [Download](#)
- [Apply here](#)

For grant inquiries & support contact crag@spra.sk.ca.

RWD FUNDING CLICK HERE

The most comprehensive resource we've found for a complete list of funding opportunities



Saskatchewan Parks
and Recreation
Association

funding guide

CLICK HERE



Saskatchewan Parks
and Recreation
Association



SASK LOTTERIES

When you buy a ticket through Sask Lotteries – We All Win!

Since 1974, lottery sales in Saskatchewan have been used to provide more than \$1.4 billion to support athletes from the grassroots level to the international stage, connect youth to artistic experiences, help residents experience the beauty of the parks that cover the province and **much more**.

Proceeds provide a real chance to win while supporting programs that help people of all ages **play, create, and grow**.

[Sask Lotteries Website](#)
[Frequently Asked Questions](#)

Winners Stories
Community Stories

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Website

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