



Mental Health  
Commission  
of Canada

Commission de  
la santé mentale  
du Canada

**Mental Health First Aid Canada**  
**Premiers soins en santé mentale**



## **Mental Health First Aid Basic Training**

Will be offered: October 28 and 29, 2025.

From 9:00 to 4:30 (Please arrive 15 minutes early to register).

At: Meadow Lake Hospital

Upstairs (Conference Rooms 1-3)

711 Centre Street West, Meadow Lake, SK

### **NOTES:**

- **Important: This is a scent sensitive environment.** Please refrain from using scented products including scented laundry products while attending this training.
- Cost is \$60.00 per person. The manual is included in this price. Please make your cheque payable to: **SHA-PNRHA** and mail to: **Roots of Hope, Mental Health and Addiction Services, #8-711 Centre Street, Meadow Lake SK, S9X 1E6. You may bring the cheque the day of the training.**
- A maximum of 25 participants will be accepted.
- This training session may be cancelled or rescheduled if there are insufficient registrations.
- This venue is accessible by elevator.
- To register or ask questions contact: Anne Duriez at: [anne.duriez@saskhealthauthority.ca](mailto:anne.duriez@saskhealthauthority.ca) or by phone at 306-236-1542.

Please submit this registration information to [anne.duriez@saskhealthauthority.ca](mailto:anne.duriez@saskhealthauthority.ca)

Name: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

Daytime Phone Number: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Accommodations required: \_\_\_\_\_