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OPEN HEARTS. OPEN MINDS BARN QUILT PAINTING

SEPT 24TH & 25TH
1ST DAY 4 - 8 PM
2ND DAY 9 AM - 5 PM

DENZIL
HERITAGE OF HOPE MUSEUM & SENIORS CENTRE
6TH STREET

COST:
\$50 PER PERSON
\$25 FOR SECOND PERSON PAINTING THE SAME QUILT

\$50 REGISTRATION FEE INCLUDES:
ALL MATERIALS NEEDED TO PAINT A 4' X 4' PLYWOOD QUILT/MINI MURAL
SUPPER ON THE FIRST NIGHT, LUNCH & SNACKS ON THE SECOND DAY

PAYMENT:
E-TRANSFER TO ED@RIVERSWESTDISTRICT.CA
OR
CASH/CHEQUE AT WORKSHOP

USE QR CODE TO REGISTER OR GO TO
[HTTPS://FORM.JOTFORM.COM/251685406147258](https://form.jotform.com/251685406147258)

**YOU GET TO TAKE YOUR PROJECT HOME TO DISPLAY HOW YOU WISH,
MAKING SASKATCHEWAN EVEN MORE BEAUTIFUL!**

Organized and Sponsored by:



For more info call
or text Bonnie at
306-344-7473



[Register for Barn Quilt Painting in Denzil](https://form.jotform.com/251685406147258)



ABORIGINAL COACHING MODULES

\$25/PARTICIPANT

Lunch Provided

All coaches and assistant coaches, including both teachers and non-teachers, are required to complete this by September 1, 2027.

Created with the intention to expand awareness and educate, the ACM provides resources to individuals that lead Indigenous peoples at any capacity in sport and recreation, making coaching through an Aboriginal lens an accessible skill.

The one-day workshop will bring a lifetime of difference to coaches and leaders, positively influencing their ability to impact the lives of others.

Facilitated by:

SASK SPORT



SASK SPORT



**Registration: 8:30 - 9 am
Training: 9 am - 5 pm**



Thursday, September 25th



Hillmond Central School



**Sask Sport will invoice
Schools/Divisions for the
course fee**

REGISTER NOW



[Register for Aboriginal Coaching Modules](#)



BOARD GOVERNANCE WORKSHOP

Thurs, November 6th, 2025
Turtleford
Hospital Boardroom

Rivers West District for Sport, Culture and Recreation is pleased to bring you a fun, education filled day of Board Governance training facilitated by Wendy Plandowski. Wendy is a self-professed “governance geek” and loves to share her experiences both as a volunteer, board chair and employee for various governance and operations boards across Saskatchewan and Alberta.

There will be lots of hands on activities and information to be shared to help your non profit boards on their journey of serving communities through the spirit of volunteerism.

Registration 9:00 to 9:30 AM
Workshop 9:30 AM to 4:30 PM

\$20 fee per participant
Cash , Cheque or E-transfer to
ed@riverswestdistrict.ca

Lunch, snacks & coffee/tea
will be provided.

Register by scanning QR Code or
Contact Bonnie @
cdclloyd@riverswestdistrict.ca or
306-344-7473



Supported by:



[Register for Board Governance](#)



2025-2026 Rivers West District Membership

A membership with Rivers West District offers numerous benefits for you, your organization, and your community!
We're excited to announce that the membership fee remains only \$20 for the entire year—a rare find in today's world where prices keep rising!

[Click Here](#) to get the 2025-2026 Membership Form

NEW MAILING ADDRESS

Please send the completed form along with your \$20 payment to:

**Rivers West District Office
Box 822
North Battleford, SK S9A 2Z3**

Note: Please post-date any cheques to April 1, 2025, as that marks the beginning of our new year. Cheques will not be deposited before this date.

PARTNER *Workshops*

Check out what other
workshops are being offered by
our amazing partners!



[Sport for Life Workshops](#)

[Coaching Association of Canada - Anti-Racism in Coaching Training](#)

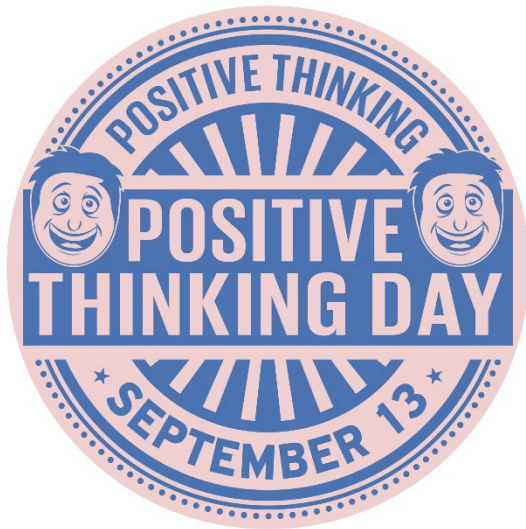
[NCCP Multi-Sport Training Modules](#)

[Respect in Sport](#)

[Sport for Life Education Program](#)



Events Calendar
Click Here



Positive Thinking Day has been going since 2003. We have an American entrepreneur to thank for this date, which has been set aside to celebrate all of the benefits associated with positive thinking, and to practice positive thinking ourselves. On this day, you have one goal, and that is to think positively at all times!

There are a lot of benefits that are associated with positive thinking. There are a number of studies, which have been published online, which show that the risk of heart disease can be lowered through positive thinking and that stress can be reduced as well. Studies have also shown that positive thinking can increase a person's life span and lower depression as well.

There are even studies that have revealed that there is a link between positive thinking and increasing the resistance of the body to the common cold. You could even spend a little bit of time on Positive Thinking Day looking into the benefits of positive thinking and the various studies that have been carried out.

For more information [CLICK HERE](#).

How to Celebrate Positive Thinking Day

If you are not sure what to do to celebrate, here are a few suggestions.

- Start the day positively by saying "Today is going to be a good day!" This will set the tone for the day ahead of you.
- Say some affirmations. These are positive sentences about you or your circumstances that can give you boldness, confidence and self-esteem.
- Hang around with positive people.

-
- Show gratitude for the simple things in life.
 - Read or watch positive, motivational books and movies.
 - Be kind to someone today.
 - Finally, the best thing you can do for yourself and others, today and everyday is to simply smile.



The 2026 Saskatchewan Winter Games are coming to Flying Dust First Nation and the City of Meadow Lake!

1,500+ [participants](#)

1,000+ [volunteers](#)

17 [sports](#)

9 [District Teams](#)

7 days

1 incredible experience!

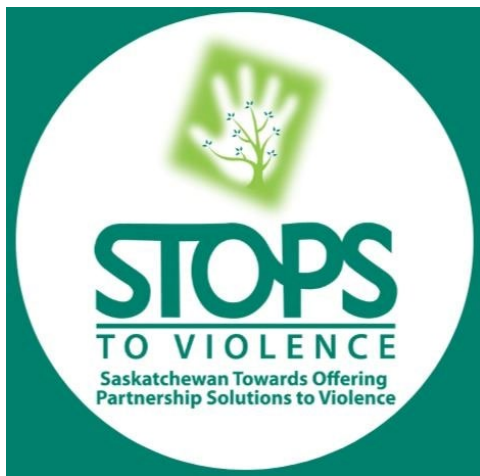
Click on link below to see the Approved Sports and age classifications that will competing next year!

[2026 Sport Calendar](#)

We are continuously updating our website with important information for athletes, coaches, parents, and volunteers.

As soon as we know—so will you!

[RWD Website Sask Games Page](#)



Join us for *Reconnecting Community: A Call to Courage* — a unique conference for those who are passionate about connection, belonging, and building a more just and peaceful world. This day is for change-makers, community builders, helpers, and anyone yearning for deeper, more meaningful relationships in their work and everyday life.

Together, we'll explore how to mend and strengthen the fabric of community through relationship, care, and collective leadership rooted in humanity and hope.

When: Thursday, September 11th, 2025 at 9:00 am to 5:00 pm

Where: The Glen at Crossmount, 5 km outside of Saskatoon

Cost: \$225.00 per person

There is limited seating for this conference, so we encourage those who wish to attend to get tickets sooner than later to guarantee a spot.

[REGISTER HERE](#)



Saskatchewan Sport Awards

The Saskatchewan Sport Awards celebrate the outstanding achievements of individuals in the province's amateur sport community. The **Volunteer Dedication Award** specifically honours volunteers who devote their time and effort toward the development of sport in Saskatchewan. This award is dedicated to recognizing history, dedication and achievement in the area of volunteering.

If you know a volunteer who deserves recognition, consider nominating them for the 41st Annual Saskatchewan Sport Awards.

Nominations are accepted by Sask Sport members, sport community groups, media or the general public.

Nomination deadline is November 1, 2025 at 11:59 p.m.

[Nominate & Learn More](#)



What's Happening Around the District



STARRY NIGHT MINI-MYSTERY

*A Free Online Quilting Event
Hosted in our Mystery Five-0
Facebook Group!*



September 20, 2025



Online in our Mystery Five-0 Facebook group:

msø Mystery: A Notion to Sew & Quilt



100% free to join - no cost!

What's the Mystery?

We'll be making Starry Night—a 21" x 21" quilt—step by step in this fun, fast-paced online mystery! The design unfolds as you sew!

Fabric Bundles Available In-Store & Online!

To participate, grab your Starry Night Fat Quarter Bundle—specially curated for this event. Limited quantities available!

How to Join?

Purchase your fat quarter bundle in-store & online today, or dig into your stash at home. Then join our Mystery Five-0 Facebook Group. Log in on September 20 and sew along with us!

No Sign-Up Needed—Just Grab a Bundle & Join the Group!
Ask us for details! We're happy to help!



A Notion to Sew & Quilt

Quilt Shop, Long-Arming & More

Call/Text Shannon McGilvery:

1-306-215-7333

www.ANotionToSewAndQuilt.ca

Just Off Highway 16 Near Lashburn, SK



Get ready! Culture Days 2025 runs from September 19 to October 12.

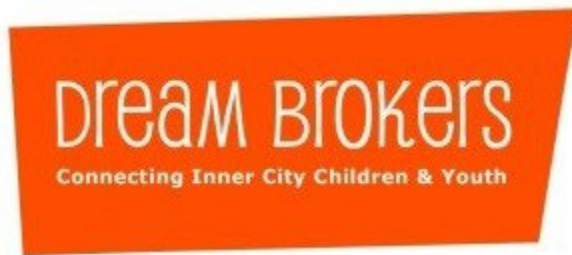
Join the celebration of creativity with thousands of free arts, culture and heritage events happening across the country—with more being added daily!

[Search the event listing to see what's happening in your area!](#)

There's still time to register your events and share arts, culture, and community! Get started at culture-days.ca/dashboard



Our amazing District Dream Broker, Chelsey Gladue, led a hugely successful School Supply Drive in North Battleford!
[Click Here](#) to read the full story.



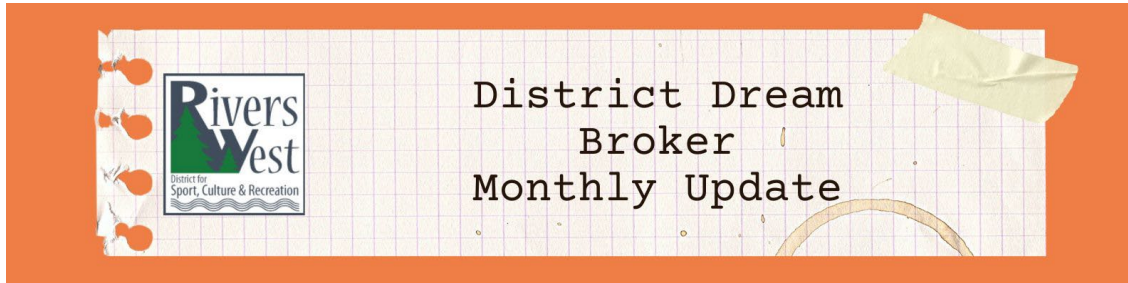
What is Dream Broker all about? . . . The Dream Broker connects inner-city youth and their families with a sport, recreational or cultural activity. She can support participation in various sport, culture or recreation activities by helping with registration costs, transportation, equipment or just by being a cheerleader on the sidelines when a family member is unable to attend.

Please let Chelsey know if you're interested in more information.
Email rwdscr.yc@sasktel.net or call/text 306-480-9875

If you are interested or need any information,
please contact Chelsey 306-480-9875 or on her FB page

District Dream Broker

Chelsey Gladue



Greetings, can you believe summer has come and gone? A new school year has arrived and it has turned out to be a busy start for Chelsey.

Chelsey is excited to be back in the schools and is looking forward to full year packed full of fun exciting programs. The Dream Broker schedule is as follows:

Monday-Connaught

Tuesday- St. Mary's

Wednesday- McKittrick

Thursday-McKittrick

Friday- Connaught

Chelsey will have Muay Thai program with Cory Chambers starting up in mid September. The program will run for 6 weeks at all three schools.

Chelsey has also been busy with indoor soccer and hockey registration.

The month of September is very busy with open houses and meet the staff night that Chelsey will be attending for each of her schools.

Chelsey is excited for the new school! She looks forward to connecting with new and returning families and getting students signed up for sports, recreation and cultural programs. She is really enthusiastic to offer new programs as afterschool programming.



Upcoming

[Nutrients for Life School Garden Award](#) - September 12, 2025

[Multicultural Council of Saskatchewan Strategic Initiatives](#) - September 15, 2025

[FCM Tree Planting](#) - September 18, 2025

[2 Billion Trees Program](#) - September 18, 2025

[FCM Climate-Ready Plans and Processes](#) - September 25, 2025

[CIF Community Grant Program](#) - October 1, 2025

[Enabling Accessibility Fund – Youth Innovation Component](#) - October 6, 2025

[FCM Implementation projects: Adaptation in Action](#) - October 9, 2025

Ongoing

[Canada Community Revitalization Fund](#) - ongoing

[Canada Council for the Arts | Bringing the arts to life](#) - varying deadlines

[Canada Cultural Spaces Fund](#) - ongoing

[Canada Saskatchewan Jobs Grant](#) - ongoing

[Canadian Tire Jumpstart](#) - Receive funding for registration fees, equipment, travel, etc.

[Coaches Association of Saskatchewan - Coach Development Grant](#) - ongoing

[Coaches Association of Saskatchewan - Coach Visitation Program](#) - ongoing

[Coaches Association of Saskatchewan - High Performance Coach Development Grant](#) - ongoing

[Community Support, Multiculturalism & Anti-Racism Initiatives Project](#) - ongoing

[Creative Sask](#) - Our grants help creative producers pursue commercial success.

[Dreamcatcher Charitable Foundation Fund](#) - ongoing

[Emergency Community Support Fund](#) - varying deadlines
[First Nations and Métis Community Engagement Project Fund](#) - ongoing
[Indigenous Community Sport Development Grant](#) - ongoing
[KidSport Saskatchewan](#) - Contact your local Chapter
[McConnell Foundation \(Communities, Reconciliation & Climate\)](#) - ongoing
[Multi-sectoral Partnerships to Promote Healthy Living & Prevent Chronic Disease](#) - matched funds
[Municipalities of Saskatchewan \(suma.org\)](#) - find a grant
[Na-mi-quai-ni-mac Community Support Fund](#) - ongoing
[Sask Culture Grants](#) - find a grant
[Sask Lotteries Community Grant Program](#) - ongoing
[Sask Sport Deaf & Hard of Hearing Sport Accessibility Grant](#) - Apr 1 & Oct 1 annually
[Sask Sport Deaf & Hard of Hearing Athlete Assistance Grant](#) -- Apr 1 & Oct 1 annually
[SGI Community Grant](#) - deadlines Feb 28 and Oct 31 each year
[Six Rivers Fund](#) - Committee adjudicates in May and November
[Social Sciences and Humanities Research Council Grants](#) - ongoing



Sask Lotteries Subscription

Sask Lotteries funds over 12,000 sport, culture and recreation groups across Saskatchewan. Every time you purchase a lottery ticket in Saskatchewan, a portion of that revenue supports a wealth of organizations in our communities.

Subscriptions allow lottery players to play draw based games - including LOTTO MAX, LOTTO 6/49, WESTERN MAX, WESTERN 649, DAILY

GRAND and EXTRA - for up to a year in advance.

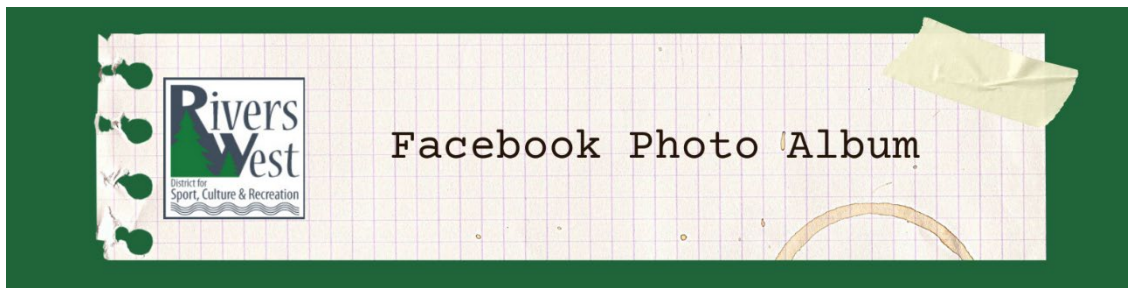
Subscriptions can be purchased by phone, by mail, or on the [Sask Lotteries website](#). Frequently asked questions can be [found here](#).



How do lottery proceeds benefit sport, culture and recreation groups in Saskatchewan?

Sask Lotteries is a longstanding fundraiser that provides a real, honest chance at winning and a guarantee of supporting your community.

Through an agreement with the Government of Saskatchewan, proceeds from the sale of lottery products benefit more than 12,000 sport, culture and recreation groups across the province. These groups support a wide range of activities and promote opportunities for participants of all ages and abilities to play, create and grow. [Learn more](#)



Connect with Us



[Facebook](#)



[Website](#)

Our Mailing Address:

Rivers West North Battleford Office

P.O. Box 822, #95 – 891 99th Street, Don Ross Centre,
North Battleford, SK, S9A 2Z3

Antje Rongve, Executive Director ed@riverswestdistrict.ca

Bobbi Hebron, Community Development Coordinator cdcrossetown@riverswestdistrict.ca

Chelsey Gladue, District Dream Broker ddb@riverswestdistrict.ca

Phone: 306-446-6776

Rivers West St. Walburg Office

P.O. Box 717, St. Walburg, SK, S0M 2T0

Bonnie Mills Midgley, Community Development Coordinator cdclloyd@riverswestdistrict.ca

Phone: 306-344-7473 (c)

Rivers West Remote Offices

Cheryl Clarke, Administrative Associate admin@riverswestdistrict.ca

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Canada

