

Education

North West College: 1-306-234-5100
Northwest School Division
(Meadow Lake Office): 1-306-236-5614
Transition Place Education Centre
(TPEC): 1-306-236-2833
Carpenter High School: 1-306-236-5236
Jonas Samson Middle School:
1-306-236-5686
Gateway Middle School: 1-306-236-4141
Lakeview Elementary: 1-306-236-5810
Jubilee Community School:
1-306-236-4491
Inquire about Pre-K: 1-306-236-5614
Kopahawakenum Community School:
1-306-236-9524

Online/Directory Resources

General Resource Directory:
www.sk.211.ca
Get Resource Help (call or text): 2-1-1
SK Government Services Directory:
www.saskatchewan.ca/services/directory#residents
Services Canada: 1-800-622-6232
Treatment/Counselling Directory:
www.drugrehab.ca | 1-877-254-3348

Immediate Help

Emergencies: 9-1-1
Suicide Crisis Hotline (text or call): 9-8-8
Healthline: 8-1-1
Kids Help Phone: 1-800-668-6868
Text CONNECT to 686868 (Adults: 741741)
Saskatchewan Crisis Suicide Helpline:
1-306-525-5333
SK Farm Stress Line: 1-800-667-4442
Hope for Wellness Indigenous Help Line **AND**
Indigenous Residential School Crisis Hotline:
1-855-242-3310 or 1-866-925-4419
Trans Life Line: 1-877-330-6366
Canadian Human Trafficking Hotline:
(online chat available) 1-833-900-1010
Waskoosis Safe Shelter (24/7 phone line):
1-306-236-5570
Abused Women's Crisis Line: 1-888-338-0880
Sexual Assault Crisis Line: 1-306-244-2224
Dementia Helpline: 1-877-949-4141
RCMP (Meadow Lake): 1-306-236-2570
Northwest Health Facility (Hospital):
1-306-236-1500
Poison Control: 1-866-454-1212

*This is not an exhaustive list of services. For more information, go to www.sk.211.ca, or go to the City of Meadow Lake website: meadowlake.ca!

MEADOW LAKE & AREA RESOURCE LIST*

Community & Provincial Programs



"Building Stronger Communities"

Brought to you by:
Meadow Lake Interagency
Contact mlakeinteragency@gmail.com
if you have updates for this pamphlet!
Last Updated: 03/2024

Community

Victim Services: 1-306-236-8329
Waskoosis Safe Shelter: 1-306-236-5570
Legal Aid: 1-306-236-7636
MultiWorks: 1-306-236-3200
Northwest Friendship Center:
1-306-236-3766
Door of Hope (call or text):
Admin/Other Services: 1-306-234-2300
Soup Kitchen: 1-306-234-2307
Food Bank: 1-306-240-6754
Uno Immigration Services: 1-306-236-1954
Meadow Lake Library: 1-306-236-5396
Positively Parenting, Inc: 1-306-236-4804
Community Corrections: 1-306-236-7527
Beaver River Community Future
Development: 1-306-236-4422
Chamber of Commerce: 1-306-291-3775
Roots of Hope (Suicide Prevention):
1-306-236-1542
Humane Society: mldhs@sasktel.net
Meadow Lake Pride:
meadowlakepride@gmail.com
Meadow Lake City Hall: 1-306-236-3622
RM of Meadow Lake: 1-306-236-5651
Flying Dust First Nation Office:
1-306-236-4437
Meadow Lake Tribal Council: 1-306-236-5654
Alcoholics Anonymous: 1-306-236-8994
Al-Anon: 1-800-425-2666
Narcotics Anonymous: 1-877-463-3537
Overeaters Anonymous: 1-306-240-0446

Housing

SK Housing Corporation: 1-800-667-7567
Residential Tenancies Office:
1-888-215-2222
Meadow Lake Native Urban Housing:
1-306-236-3737
Meadow Lake Housing Authority:
1-306-236-3977
Homeplate Shelter Coalition:
mlhomeplate@gmail.com

Government

SK Supplement & Health Benefit
Department: 1-888-488-6385
Childcare Subsidy: 1-800-667-7155
SK Jordan's Principle: 1-833-752-4453
Meadow Lake Office: 1-306-236-5664
SK FireWatch (Forest Fires): 1-800-667-9660
SK Income Assistance: 1-866-221-5200
SK Assured Income for Disability:
1-888-567-7243 or TTY: 1-866-995-0099
Seniors Income Plan: 1-306-787-2681
SK Jobs: www.saskjobs.ca/1-833-613-0485
SK Ombudsman: 1-800-667-9787
Meadow Lake Provincial Court:
1-306-236-7575
Personal ID/eHealth SK: 1-800-667-7551
Social Insurance Number: 1-866-274-6627
Status Card/Indigenous Services:
Prince Albert Office: 1-306-953-8522
Worker's Comp. Advocate: 1-877-787-2456

Health

Meadow Lake Primary Health Care Centre:
Walk-in Clinic: 1-306-236-5661
Public Health: 1-306-236-1570
Meadow Lake Hospital: 1-306-236-1500
Robert Simard/Detox Unit: 1-306-236-1546
Mental Health: 1-306-236-1580
Flying Dust First Nations Health:
1-306-236-8670
Meadow Lake Tribal Council Health and
Social Development: 1-306-236-5817
Mistahey Musqua Treatment Centre:
1-306-837-2184
Volunteer Medical Transport:
1-306-236-6266

Children & Youth

Child & Family Services/Child Protection:
Office: 1-306-236-7500
Crisis/After-Hours: 1-866-719-6164
Meadow Lake Early Childhood Services:
1-306-236-4247
Children First Care Centre (Carpenter):
1-306-236-5236
Tiny Treasures Child & Family Centre:
1-306-236-1253
Family Resource Centre: 1-306-236-8316
Kidsfirst: 1-306-236-6441
Turning Point Youth Centre: 1-639-669-0196
Flying Dust Youth Center: 1-306-819-7709
Sask. Advocate for Children & Youth:
Toll-Free: 1-800-322-7221