



SPORT FIRST AID COURSE

- Workshop:** Saturday, July 29, 2017 from 9:00 am- 5:00 pm CST, registration at 8:30 am, Unity Community Centre Hall, 701-7th Avenue East, Unity
- Who:** Volunteers, professionals and individuals interested in gaining new skills in sport first aid. Please wear loose fitting clothing.
- Cost:** \$30 for adults and \$25 for students in sports (minor hockey/ball). Bring a bagged lunch.
-

About the Workshop!

The Sport First Aid Course is a 7-hour classroom course with content that deals with sport specific issues relating to:

- liability
- fitness & injury prevention
- facility awareness
- protective equipment
- emergency action plans
- the medical kit
- life threatening injuries
- injury recognition
- common injuries all geared towards sport in general



To register contact the Town of Unity office or Ryan Doetzel, Director of Culture, Parks and Recreation: Phone: 306-228-2621 Email: unity.recreation@sasktel.net
Pre registration is required by **Friday, July 21, 2017**.

For more information on other programs visit: www.riverswestdistrict.ca



**SPORT
MEDICINE**
& SCIENCE COUNCIL
of Saskatchewan

**Saskatchewan
LOTTERIES**



SASK SPORT INC

A Federation of Provincial Sport Governing Bodies

