



2016 SASKATCHEWAN SUMMER GAMES

TECHNICAL PACKAGE

Technical packages are a critical part of the Saskatchewan Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the organizing committee by detailing tournament formats and scoring procedures, assist the Districts and Provincial Sport Governing Bodies (PSGB) in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coaching certification by stating minimum requirements and generally contribute to athlete development by identifying each PSGB's version of developing young amateur athletes.

Every Saskatchewan Games' coach, manager, host sport directors, District sport contacts and District sport councils has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games and could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Saskatchewan Games Council or the respective PSGB.

Technical Packages are developed primarily by PSGBs, following principles, guidelines and requirements of the Saskatchewan Games Council. As the overall governing body of the Games, the Council has the ultimate authority for Technical Packages, but this authority is exercised only with the knowledge and understanding of the PSGB concerned.

Changes initiated by the PSGB must be directed to the Saskatchewan Games Council for approval. The proposed changes must have solid rationale for enhancing the sport technical requirements. Changes to age groups, eligibility requirements and team sizes or staff compliments after 18 months prior to the games will not be considered.

DISTRICT ATHLETE ELIGIBILITY

1. The Saskatchewan Games shall be open to Saskatchewan residents who are Canadian citizens or who have landed immigrant status for a minimum period of one year prior to the Games.
2. Each district team shall be comprised of eligible athletes whose Saskatchewan domicile or actual residence for at least six months prior to the Games, was located within the recognized boundaries of the district they are representing. In the event an athlete moves from one district to another, less than six months prior to the start of the Games, a special request may be made to the Saskatchewan Games Council to determine eligibility.
3. Students enrolled and attending secondary or post-secondary school on a full-time basis outside their district residence may elect to compete in a district play down in either their home district or academic resident district, but not both.

Students attending a secondary school outside their home district must be enrolled in a minimum of 60% of the eligible credits to be considered a full time student.

Students attending a post-secondary school outside their home district must be enrolled in a minimum of the equivalent 3 full time classes per year to be considered a full time student.

4. Athletes residing outside Saskatchewan

Individual Sports:

Athletes residing at an address outside Saskatchewan are eligible to participate in the Saskatchewan Games if they meet the following conditions:

- They reside near the Saskatchewan boundary and attend school on a full time basis in a recognized Saskatchewan education system;
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;
- They are eligible for membership with a PSGB in Saskatchewan.

Team Sports:

- If a team has members from outside the Province of Saskatchewan, the team will be eligible if these criteria are met:
- The majority of the team resides in Saskatchewan or attends school on a full time basis in a Saskatchewan based education system, and the others live within reasonable commuting distance;
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;
- They are eligible for membership with a PSGB in Saskatchewan.

5. District Team Eligibility

Sports using Club Team selection

- When a team roster is comprised of athletes residing in different districts, the following criteria will determine which district the team will represent:
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Sport Governing Body;
- Where a team has members from two or more Saskatchewan Games Districts, and is registered in a recognized league, it shall compete in the district where the majority of the players reside. Teams in this position may have members living in adjacent districts within reasonable commuting distance.

6. The games shall be open only to amateur athletes recognized as such by the applicable PSGB.
7. For each Games an athlete may participate in one sport only in each half, however an athlete may elect to try out for different sports in the district team selection process. Upon acceptance of selection to a district team in that half the athlete must remain with that team until the completion of the Games and is not eligible to try out for another sport.
8. Coaches, managers and athletes may participate in more than one sport. However, they may only participate in one sport in each half of the Games.
9. The age classification for participation in the Saskatchewan Games is based on the LTAD model for each sport. Recognizing the multi—sport environment that athletes are exposed to at the Games, each sport shall consider the maturity level of the athlete when establishing its age classification.
10. Eligibility of athletes for the Saskatchewan Games program must be clearly identified by the PSGB in each respective sport technical package.
11. Prior to the games, the eligibility of any athlete not clearly established by these rules shall be determined by the Saskatchewan Games Council. During the Games the eligibility shall be determined by the Games Jury.
12. Coaches, managers and athletes of the district team must stay in the athletes' village during the games.



TRIATHLON TECHNICAL PACKAGE

**2016 Saskatchewan Summer Games
July 24 – 30, 2016
Estevan, Saskatchewan**

1.0 SPORT:

- 1.1 Competition Site: Woodlawn Regional Park – Boundary Dam
- 1.2 Competition Dates: July 24 - 27, 2016
- 1.3 Sanction: Yes

2.0 PARTICIPANTS:

- 2.1 Number of Competitors per District: 4 Male 4 Female
- 2.2 Coaches and Managers per District: 1 Coach 1 Manager

Note: Sports that have both male and female competitors must ensure that at least one coach/manager is of the opposite gender of the other(s).

3.0 CLASSIFICATIONS:

- 3.1 Year of Birth:
Age Groups: 12-13 (age on Dec. 31st 2016)
14-15 (age on Dec. 31st 2016)

Two males and two female athletes will qualify in each age group for each sport district.

4.0 ELIGIBILITY:

- 4.1 Athletes: Qualification at regional competitions. The Saskatchewan Triathlon Association plans to offer qualification events in each of the nine sport districts but reserves the right to offer regional competitions if no local events can be organized in a given sport district.



- 4.2 Coaches: At minimum, must be trained as a youth community NCCP Triathlon Coach.

As a coach or manager of a district team you will be volunteering with children, who are vulnerable members of our society. As per the policy of the Saskatchewan Games Council all coaches and managers are required to undergo a Criminal Record Check and a Vulnerable Sector Check.

As per the mandatory requirements for all sports in Saskatchewan the "Respect In Sport" online training program must be taken by all coaches. It is strongly recommended that managers take the online training to ensure that as youth leaders they recognize, understand and respond to issues of abuse, bullying and harassment.

- 4.3 Exclusions: no exclusions

5.0 PROVINCIAL REGISTRATION:

Registration is with: The Saskatchewan Triathlon Association Corporation

Name: Chris Gdanski
Address: PO Box 32080
City: Regina Sask
Postal Code: S4N 7L2
Phone (work & cellular): 306-519-1822
Email: info@triathlonsaskatchewan.org

6.0 PROVINCIAL TECHNICAL LIAISON:

Name: Megan Murk
Address: 1146 Ave K South
City: Saskatoon Sask.
Postal Code: S7H 5N9
Phone: cell 306-381-7721
Email: meg.murk@gmail.com

7.0 COMPETITION:

- 7.1 Type of Competition: Triathlon
7.2 Events

1) **Individual Triathlon:** Each athlete will complete the distances stated below.
Age 12-13 300m Swim, 10k Bike, 3K Run
Age 14-15 500m Swim, 10K Bike, 4K Run

2) **Team Triathlon:** A team will consist of two athletes of the same gender who will race in a relay format. Teams must pre-determine an order for their athletes to compete. The first competitor from each District will complete the swim, bike and run course before tagging the second competitor. If one competitor is unable to continue, the team is disqualified.



Age 12-13 150m Swim, 5K Bike, 1.5K Run
Age 14-15 250m Swim, 5k Bike, 2k Run

3) Mixed Team Triathlon: A team will consist of two athletes of opposite gender who will race in a relay format. Teams must pre-determine an order for their athletes to compete. The first competitor from each district will complete the swim, bike and run course before tagging the second competitor. If one competitor is unable to continue, the team is disqualified.

Age 12-13 150m Swim 5K Bike, 1.5K Run
Age 14-15 250m Swim, 5k bike, 2k Run

The distances for all events will be set to meet the goals and requirements of LTAD while accommodating the requirements of the venue.

8.0 RESULTS:

- 8.0 Results Program: Electronic results produced by chip timing supplied by third party provider (i.e. Results Canada)
- 8.1 Results Format: Electronic results ranking first to last
- 8.2 Sport Scoring:

9.0 TIE BREAKING PROCEDURE: n/a

10.0 SPORT PROTEST PROCEDURE: as per International Triathlon Union Rules

11.0 EQUIPMENT: Transition set up (bike racks etc.) provided by the Saskatchewan Triathlon Association. Swim buoys provided by Saskatchewan Triathlon Association. The Local Organizing Committee to provide appropriate items such as barricades, cones for road closures, signage as dictated by the venue. LOC will provide fencing for the transition area, one motorized boat, 3 kayaks, 1 paddleboard.

12.0 SPORT JURY: Three member competition jury including, Triathlon Official, STAC Representative, Local Organizing Committee Representative.

13.0 OFFICIALS REQUIRED:

- 13.0 Major Officials - 3
- 13.1 Minor Officials - 6

14.0 MEDICAL SERVICES: Ambulance, first aid and first responders on site. Two lifeguards for the swim portion of the event each day. One pair of trained rescue scuba divers.



15.0 MEDALS

Event	Gold	Silver	Bronze
Individual Triathlon	4	4	4
Team Triathlon	8 (4 team medals)	8 (4 team medals)	8 (4 team medals)
Mixed Team Triathlon	4 team medals(Ages combined)	4 team medals(Ages combined)	4 team medals(Ages combined)
Total	16	16	16

16.0 DISTRICT TEAMS SELECTION CRITERIA

1st and 2nd place finishers in age groups for male and female. Roll down method to determine subsequent spots if either or both the first and second place finisher decline their spot on the team.

17.0 PROVINCIAL SPORT CONTACT

Name: Chris Gdanski
Address: PO Box 3208
City: Regina, SK
Postal Code: S4N 7L2
Phone (cellular & other): 306-519-1822
Email: info@triathlonsaskatchewan.org

18.0 THIS IS TO CERTIFY THAT THIS TECHNICAL PACKAGE, IN ITS ENTIRETY, WAS APPROVED BY OUR BOARD OF DIRECTORS.

(Please indicate in the space provided, the date of the meeting and when it was approved. This package must be signed by your President before returning it to the Saskatchewan Games Council.)

MEETING DATE: September 15, 2014

PRESIDENT'S SIGNATURE: _____

Name: Mark Gibson
Address: 5310 Mitchinson Way
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