



## **2016 SASKATCHEWAN SUMMER GAMES**

### **TECHNICAL PACKAGE**

Technical packages are a critical part of the Saskatchewan Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the organizing committee by detailing tournament formats and scoring procedures, assist the Districts and Provincial Sport Governing Bodies (PSGB) in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coaching certification by stating minimum requirements and generally contribute to athlete development by identifying each PSGB's version of developing young amateur athletes.

Every Saskatchewan Games' coach, manager, host sport directors, District sport contacts and District sport councils has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games and could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Saskatchewan Games Council or the respective PSGB.

Technical Packages are developed primarily by PSGBs, following principles, guidelines and requirements of the Saskatchewan Games Council. As the overall governing body of the Games, the Council has the ultimate authority for Technical Packages, but this authority is exercised only with the knowledge and understanding of the PSGB concerned.

Changes initiated by the PSGB must be directed to the Saskatchewan Games Council for approval. The proposed changes must have solid rationale for enhancing the sport technical requirements. Changes to age groups, eligibility requirements and team sizes or staff compliments after 18 months prior to the games will not be considered.

## DISTRICT ATHLETE ELIGIBILITY

1. The Saskatchewan Games shall be open to Saskatchewan residents who are Canadian citizens or who have landed immigrant status for a minimum period of one year prior to the Games.
2. Each district team shall be comprised of eligible athletes whose Saskatchewan domicile or actual residence for at least six months prior to the Games, was located within the recognized boundaries of the district they are representing. In the event an athlete moves from one district to another, less than six months prior to the start of the Games, a special request may be made to the Saskatchewan Games Council to determine eligibility.
3. Students enrolled and attending secondary or post-secondary school on a full-time basis outside their district residence may elect to compete in a district play down in either their home district or academic resident district, but not both.

Students attending a secondary school outside their home district must be enrolled in a minimum of 60% of the eligible credits to be considered a full time student.

Students attending a post-secondary school outside their home district must be enrolled in a minimum of the equivalent 3 full time classes per year to be considered a full time student.

4. Athletes residing outside Saskatchewan

### **Individual Sports:**

Athletes residing at an address outside Saskatchewan are eligible to participate in the Saskatchewan Games if they meet the following conditions:

- They reside near the Saskatchewan boundary and attend school on a full time basis in a recognized Saskatchewan education system;
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;
- They are eligible for membership with a PSGB in Saskatchewan.

### **Team Sports:**

- If a team has members from outside the Province of Saskatchewan, the team will be eligible if these criteria are met:
- The majority of the team resides in Saskatchewan or attends school on a full time basis in a Saskatchewan based education system, and the others live within reasonable commuting distance;
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;
- They are eligible for membership with a PSGB in Saskatchewan.

5. District Team Eligibility

### **Sports using Club Team selection**

- When a team roster is comprised of athletes residing in different districts, the following criteria will determine which district the team will represent:
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Sport Governing Body;
- Where a team has members from two or more Saskatchewan Games Districts, and is registered in a recognized league, it shall compete in the district where the majority of the players reside. Teams in this position may have members living in adjacent districts within reasonable commuting distance.

6. The games shall be open only to amateur athletes recognized as such by the applicable PSGB.
7. For each Games an athlete may participate in one sport only in each half, however an athlete may elect to try out for different sports in the district team selection process. Upon acceptance of selection to a district team in that half the athlete must remain with that team until the completion of the Games and is not eligible to try out for another sport.
8. Coaches, managers and athletes may participate in more than one sport. However, they may only participate in one sport in each half of the Games.
9. The age classification for participation in the Saskatchewan Games is based on the LTAD model for each sport. Recognizing the multi—sport environment that athletes are exposed to at the Games, each sport shall consider the maturity level of the athlete when establishing its age classification.
10. Eligibility of athletes for the Saskatchewan Games program must be clearly identified by the PSGB in each respective sport technical package.
11. Prior to the games, the eligibility of any athlete not clearly established by these rules shall be determined by the Saskatchewan Games Council. During the Games the eligibility shall be determined by the Games Jury.
12. Coaches, managers and athletes of the district team must stay in the athletes' village during the games.



## SWIMMING TECHNICAL PACKAGE

2016 Saskatchewan Summer Games  
July 24 – 30, 2016  
Estevan, Saskatchewan

### 1.0 SPORT: Swimming

- 1.1 Competition Site: RM of Estevan Aquatic Centre
- 1.2 Competition Dates: July 28-30, 2016
- 1.3 Sanction: is only given once the meet package and pool depth declaration form has been submitted to the Swim Sask Sanction Chair

### 2.0 PARTICIPANTS:

- 2.1 Number of Competitors: Male: 8 Female: 8  
Number of Special Olympics Competitors: Male: 2 Female: 2
- 2.2 Coaches and Managers: Coaches: 2 Managers: 1  
Special Olympics Coaches and Managers: Coaches: 1 Managers: 1

**Note:** Sports that have both Male and female competitors must ensure that at least one coach/manager is of the opposite gender of the other.

### 3.0 CLASSIFICATIONS:

- 3.1 Year of Birth: Age as of first day of competition – July 28, 2016
  - 3.1.1 Female: 11 to 14 years of age  
Male: 12 to 15 years of age
- Year of Birth for Special Olympics Athletes:  
.Age is calculated as of first day of the competition – July 28, 2016
  - 3.1.2 Maximum age : 29 and under as of the first day of competition (July 28,2016)
  - 3.1.3 Minimum age : 11 years of age as of the first day of competition(July 28,2016)

**4.0 ELIGIBILITY:**  
**Athlete eligibility is determined by the District Athlete Eligibility at the front of the package .**

Able Body Athletes:

- 4.1.1 All swimmers must be registered as either a Winter Competitive swimmer or a Summer SNC swimmer and be a member in good standing with their club, Swim Sask and Swimming Canada in order to be eligible to compete at the Games.
  - 4.1.2 All athletes must meet both the Sask Games Council Saskatchewan Summer Games Eligibility criteria and the Swim Saskatchewan eligibility criteria; both of which forms an integral part of this Technical Package.
  - 4.1.3 Special Olympic Swimmers must be registered with both Special Olympics Saskatchewan AND Swim Saskatchewan
- 4.2 Able Body Swimmer De-qualification:  
The Swimming Canada qualifying times for Western Canadian Open for 15 & under Female and 16 & under male are the de-qualifying times. Any swimmer that has achieved one of these times is deemed not eligible for the games.
- 4.3 Exclusions:
- 4.3.1.1 Any swimmer that has competed at any Western Canada Summer Games, Canada Summer Games, Swimming Canada Western/Eastern Canadian Open, Canadian Swimming Championships/Trials or Canadian Age Group Championships.
  - 4.3.1.2 Any Special Olympics athlete that has participated at a World Special Olympics Summer Games or Canada Summer Games.
- 4.4 Coaches:  
All Coaches and Managers are required to complete a Criminal Record Check and Vulnerable Sector Check.
- 4.4.1 Persons named as Head Coach must be fully certified Fundamentals Coach or old Level I as per the National Coaching Certification Program (NCCP).
  - 4.4.2 The person named as the Assistant Coach must have attended 100% of a Swimming 101 Fundamentals Course.
  - 4.4.3 All coaching staff must also have successfully passed the Making Ethical Decisions (MED) Online evaluation and be considered MED Evaluated.
  - 4.4.4 All coaching staff must also have completed the Respect in Sport Training.
  - 4.4.5 Coaching certification must be completed no later than ninety (90) days before the opening of the Games.  
All coaches must be a member in good standing of: The Canadian Swim Coaches and Teachers Association (CSCTA), Swimming Canada (SNC) and Swim Sask

### Special Olympics Coaches:

- 4.4.6 Must be fully certified SOC Level 1 or new NCCP equivalent – SOC Competition Sport and
- 4.4.7 Must be fully certified Fundamentals Coach or old Level I as per the National Coaching Certification Program (NCCP).
- 4.4.8 All coaching staff must also have successfully passed the Making Ethical Decisions (MED) Online evaluation and be considered MED Evaluated.
- 4.4.9 All coaching staff must also have the Respect in Sport training
- 4.4.10 Coaching certification must be completed no later than ninety (90) days before the opening of the Games.
- 4.4.11 All coaches must be a member in good standing of: The Canadian Swim Coaches and Teachers Association (CSCTA), Swimming Canada (SNC), Swim Sask and Special Olympics Saskatchewan.

## **5.0 PROVINCIAL REGISTRATION:**

Registration is with:

Name: Swim Saskatchewan Inc.

NOTE: all athletes must register with a club. No athlete can register directly with Swim Sask as an independent.

Address: 2205 Victoria Ave.

City: Regina, Sask

Postal Code: S4P 0S4

Phone (work): 306 780 9291

Email: [lindarempel@swimsask.ca](mailto:lindarempel@swimsask.ca)

Name: Special Olympics Saskatchewan

Address: 353 Broad Street

City: Regina, SK

Postal Code: S4R 1X2

Phone: 1-800-307-6226

Email: [sos@specialolympics.sk.ca](mailto:sos@specialolympics.sk.ca)

## **6.0 PROVINCIAL TECHNICAL LIAISON:**

Name: Marj Walton and Deb & John Jundt

Marj Walton Phone: 306 780 9238

Deb & John Jundt Home Phone: 306 634-1960

Email: [marjwalton@swimsask.ca](mailto:marjwalton@swimsask.ca)

Email: [j.jundt@sasktel.net](mailto:j.jundt@sasktel.net)

Special Olympics Saskatchewan

Name: Darlene MacQuarrie

Address: 353 Broad Street

City: Regina, SK

Postal Code: S4R 1X2

Phone: 1-306-780-9423

Or 1-888-307-6226 ext. 3

Email: [dmacquarrie@specialolympics.sk.ca](mailto:dmacquarrie@specialolympics.sk.ca)



## 7.0 COMPETITION:

The Swimming Venue must meet all of the pool depth requirements as per the Swimming Canada Rule Book Appendix B Rules FR 2.3 and CFR 2.3.1

Rules will be in accordance Swimming Canada Rule book in effect at the time of the Games (currently Swimming Canada Rules 26/09/2013)

Special Olympics Athletes may start in the water or from the edge, but notification must be given to the Referee by coach at the beginning of each day of competition.

### 7.1 Type of Competition:

Some events will be held as Heats and Finals and other events will be held as Time Finals only

7.1.1 The 400 Freestyle will be swum as Time Final only

7.1.2 All relays will be swum as Time Finals only in the Finals session

7.1.3 There will be an A Final for all events and a B Final for any event with 14 or more entries at the entry deadline date

7.1.4 The fastest 6 swimmers from for each gender will advance to the A finals and swimmers ranked 7<sup>th</sup> to 12<sup>th</sup> will advance to the B Final.

7.1.5 In the Finals sessions the A Final will swim first followed by the B Final.

7.1.6 Special Olympic events, except for 100 IM will have both heats and finals.

7.1.7 Special Olympic 100 IM event will be a Time Final only

7.1.8 Special Olympic events will have an "A" Final only. There will be no consolation "B" Final.

7.1.9 If there are 6 or less swimmers in any event, it will be swum as a time final only.

### 7.2 Events: The following events will be offered for both Men and Women:

50, 100, 200 and 400 Free

50, 100 and 200 Back

50, 100 and 200 Breast

50 and 100 Fly

200 IM

4 x 50 and 4 x 100 Freestyle Relay

4 x 50 and 4 x 100 Medley Relay

Special Olympics Events:

50, 100 Free

50, 100 Back

50 Breast

100 IM

4 x 50 Mixed Free Relay (2 Female & 2 Male swimmers)

4 x 50 Mixed Freestyle Integrated Relay \*

2 Able Body & 2 Special Olympic and must also consist of

2 Female & 2 Male swimmers

## Event Order:

Any changes to the start times or event order must be approved by Swim Saskatchewan Inc.

Session timeline are as follows:

### Preliminary Heats

- Warm up 7:30 a.m.
- Start time 8:30 a.m.
- Estimated finish 1:00 p.m.

### Finals

- Warm up 4:00 p.m.
- Start time 5:00 p.m.
- Estimated finish 8:30 p.m.

### Day 3 session

- Warm up 7:30 a.m.
- Start time 9:00 a.m.
- Estimated finish 1:15 p.m.

	<u>Day 1 – Thurs July 28</u>	<u>Day 2 – Fri July 29</u>	<u>Day 3 – Sat July 30</u>
<b>HEATS</b>	50 Free	50 Fly	400 Free (TF)
	50 Free SO	200 Back	50 Fly (Finals)
	200 Breast	200 IM	200 Back (Finals)
	100 Back	50 Back	50 Free (Finals)
	100 Back SO	50 Back SO	50 Free SO (Finals)
	200 Free	100 Free	4 x 100 Medley Relay (TF)
	50 Breast	100 Free SO	4 x 50 Free Integrated Relay (2 SO + 2 Able Body)
	50 Breast SO	100 Breast	
	100 Fly		
<b>FINALS</b>			
	200 Breast	4 x 50 Free Relay (TF)	
	100 Back	100 IM SO (TF)	
	100 Back SO	200 IM	
	200 Free	50 Back	
	50 Breast	50 Back SO	
	50 Breast SO	100 Free	
	100 Fly	100 Free SO	
	4 x 50 SO Mixed Free Relay (TF)	100 Breast	
	4 x 100 Free Relay (TF)	4 x 50 Medley Relay (TF)	

### 7.3 Entries:

- 7.3.1 Entries must be submitted by Hy-Tek Team Manager entry file or a Team Unify sd3 file. An entry deadline date will be determined later in conjunction with the Meet Manager.
- 7.3.2 All entries must have an entry time. "Not Time (NT)" entries will not be accepted.
- 7.3.3 A district may enter two teams per relay event and a maximum of 4 swimmers per individual event for Able Body events.
- 7.3.4 An Able Body swimmer may compete in up to 6 individual events plus relays.
- 7.3.5 Special Olympic swimmers may compete in 5 events plus relays.
- 7.3.6 Relay swimmers shall be properly entered in the meet and must swim at least 1 individual event
- 7.3.7 Fill Policy swimmers will not be allowed to swim on a relay or if they do, then relay becomes Exhibition and no points or medals awarded.

## 7.4 Seeding

- 7.4.1 Event seeding will be done as per the rules of Swimming Canada Rules – Rule SW 3
- 7.4.2 Preliminary Heats will be Senior Seeded by entry times and swum slowest to fastest by gender for both Able Body and Special Olympic Events
- 7.4.3 Finals seeding is determined by the times achieved in preliminary heats.
- 7.4.4 Finals for Special Olympic events will be Open age category by gender
- 7.4.5 Relays for Special Olympic and the Integrated Relay will be Open age category.

## 8.0 RESULTS:

8.1 Results Program – Hytek Meet Manager software version 4 or greater; preferably with the most current version, must be used to run the Swimming competition.

8.0 Results Format – the order of finish for both individual and relay events will be determined in the order of finish based on times.

- Results are to be posted throughout the venue during the competition.
- Coaches will not receive their own hard copy results. Posting during the competition will be sufficient.
- Result pages will not be sold to parents as they come available.
- Hytek Meet Manager Backup file must be sent to Swim Sask after the competition. Swim Sask will then distribute a result file to all clubs in Sask that had a swimmer in the competition.

### 8.1 Sport Scoring

8.1.1 Scoring to 12<sup>th</sup> place regardless on the number of entries and if there is a B final or not

8.1.2 Point Scoring for both Individual and Relay Events:

1 <sup>st</sup> Place	16 points	7 <sup>th</sup> Place	6 Points
2 <sup>nd</sup> Place	14 points	8 <sup>TH</sup> Place	5 Points
3 <sup>rd</sup> Place	12 points	9 <sup>th</sup> Place	4 Points
4 <sup>th</sup> Place	10 points	10 <sup>th</sup> Place	3 Point
5 <sup>th</sup> place	9 points	11 <sup>th</sup> Place	2 Points
6 <sup>th</sup> Place	8 Points	12 <sup>th</sup> Place	1 Point

## 9.0 TIE BREAKING PROCEDURE:

9.0 Swim-offs for positions in finals or consolation finals will be conducted as per SNC Rule book SW 3.2.3, CSW 3.2.3.1 to 3.2.3.3



- 9.1 Tie breaking will be in accordance with Swimming Canada Rules at the time of the Games. Currently Rule GR 9.8 and CGR 9.8.1.1. to CGR 9.8.1.6 of the Swimming Canada Rules 26/09/2013.
- 9.2 In the event of a tie between two or more districts, each district will be awarded an extra swimming point for each Gold medal won. If there is still a tie, districts will be awarded an extra swimming point for each Gold and Silver medal won. If there is still a tie, districts will be awarded an extra swimming point for each Gold, Silver and Bronze medal won. If still tied, this process will continue using the remaining places of finish until the tie is broken.

#### **10.0 SPORT PROTEST PROCEDURE:**

All protests shall be filed in accordance with the Rule GR 9.2 in the most current version of the SNC Rule that is in effect at the time of the Games.

#### **11.0 EQUIPMENT:**

- 11.0 The pool must be 25 meters in length (see rule FR 2.2.2 for tolerance)
- 11.1 The pool must have an overall minimum depth of 1.0 meters and a minimum depth of 1.2 meters at the starting end of the pool where the starting blocks are installed. (see rules CFR 2.3.1 and 2.3.2)
- 11.2 Non Turbulent Lane ropes are required to be used and they must be in good condition. Extra lane rope (s) also necessary in case one breaks during the competition.
- 11.3 Starting blocks that meet the requirements in the Swimming Canada Rule Book FR 2.7 and are in good condition including the casings so that they are not wobbly when swimmers get up on them.
- 11.4 Each starting block/platform must be distinctly marked with their Lane number on it with Lane 1 being on the right hand side of the starting end.
- 11.5 Backstroke turn flags located 5 meters from each end wall (see rule FR 2.9). Backstroke flags must also be in good condition so that they are fully visible by the swimmers when in the water.
- 11.6 False start rope (see rule FR 2.10). False start rope must be functioning properly and well.
- 11.7 Water Temperature must meet Rule FR 2.11 – shall be 25 – 28 degrees Celsius. During competition the water in the pool must be kept at a constant level, with no appreciable movement. In order to observe health regulations in force, inflow and outflow is permissible as long as no appreciable current or turbulence is created.
- 11.8 Starting equipment including speaker for the starting equipment
- 11.9 Hytek Meet Manager software newest version available at the time of the games (as of Sept 2014 it is version 5)
- 11.10 Computer(s) and printer (s)
- 11.11 Dolphin Electronic Watches and stop watches as back up. (there must be 3 watches per lane plus, 1 for the Chief Timer and extras for replacement)
- 11.12 Photocopier or High Speed printer for results and lots of paper
- 11.13 Tables and chairs or benches
- 11.14 Bleachers for the athletes and spectators
- 11.15 P.A. System
- 11.16 Typical office supplies (pens, pencils, paperclips etc.)
- 11.17 Clipboards for the officials

#### **12.0 SPORT JURY:**

As in accordance with Rule GR 9.3 Jury of Appeal in the Swimming Canada Rule Book.



## 13.0 OFFICIALS REQUIRED:

### 13.1 Major Officials - As per Swimming Canada Officials Certification Program

10 Major Officials per session is required.

The Major Officials shall all be Master or Senior Officials or perhaps some Orange level officials that have written the Referee exam and are close to becoming Senior Officials.

There shall be one Overall Meet Referee. This person is in charge of the field of play once the competition starts.

There will be one Overall Meet Manager – This person must be a qualified and certified Meet Manager. The Meet Manager should ideally also fill the role of the Swimming Sport Chair for the host society.

The meet manager must consult with the Overall Meet Referee (if known in advance) or the Swim Saskatchewan Director of Officials or whomever the Director of Officials appoints as the contact from the Master and Senior Officials Committee to be the representative to the host organizing committee, on the placement of all major officials.

For **EACH OF THE FIVE SESSIONS** there shall be a minimum of the following certified major officials.

10 Major Officials are required per session, as follows:

- Referee – 2
- Starter – 2
- Chief Finish Judge – 1
- Chief Timer – 1
- Recorder/Scorer – 1
- Chief Inspector of Turns (CIT) – 2 (one for each end of pool)
- Chief Judge Electronics – 1 (only if applicable)

### 13.2 Minor Officials - As per Swimming/Natation Canada Officials Certification Program

For **EACH OF THE FIVE SESSIONS** there shall be a minimum of the following certified Minor officials that will come from the host community; which the Meet Manager/Sport Chair will need to recruit.

39 Minor Officials are required per session as follows:

- \*\*Inspector of Turns – 6 (one for each lane)
- \*\*Judges of Stroke – at least 4 (two per side)
- Timers – 18 (Three per lane in which one timer per lane must also be qualified as a Head Lane timer.
- Clerk of Course – 1
- Marshal – 1
- Announcer – 1
- Safety Marshal – 2
- Runners – 2
- Computer Operator – 2

Office Staff - 2 (the number of people requires is up to the discretion of the Meet Manager but there should be a minimum of 2.

#### 14.0 MEDICAL SERVICES

Will be provided by the facility staff (lifeguards) at the competition venue

#### 15.0 MEDALS

15.0 For Individual events, medals will be awarded for 1<sup>ST</sup> place to 3<sup>rd</sup> place.

15.1 For Relay events, medals will be awarded for 1<sup>st</sup> place to 3<sup>rd</sup> place.

- 13 individual events x 2 for Male & female events = 26
- 4 relays with 4 members per relay team = 4 x 4 x 2 genders = 32
  
- 6 Special Olympic events x 2 for Male & Female events = 12
- 1 Special Olympic Mixed relay with 4 members/relay team = 4
- 1 Integrated Relay Mixed relay with 4 members/relay team = 4

Event	Gold	Silver	Bronze
Individual events	38	38	38
Relay events	40	40	40
<b>Total</b>	<b>78</b>	<b>78</b>	<b>78</b>

**NOTE: the above medal count does not account for any ties. So perhaps want to include more for ties. Remember if a relay team ties, that is 4 medals.**

**Medal presentations are to be done throughout each of the finals session and Time Final session on Day 3. Schedule of placing medal presentations after events will be done by Swim Saskatchewan in conjunction with Meet Manager.**

#### 16.0 DISTRICT TEAMS SELECTION CRITERIA

Will be developed by Swim Saskatchewan and Special Olympics Saskatchewan and published at a later date.

## 17.0 PROVINCIAL SPORT CONTACT

### Swim Saskatchewan:

Name: Marj Walton, Executive Director

Address: 2205 Victoria Ave.

City: Regina

Postal Code: S4P 0S4

Phone (work:) 306 780 9238

Email: [marjwalton@swimsask.ca](mailto:marjwalton@swimsask.ca)

### Special Olympics Saskatchewan

Name: Darlene MacQuarrie

Address: 353 Broad Street

City: Regina, SK

Postal Code: S4R 1X2

Phone: 1-306-780-9423

Or 1-888-307-6226 ext. 3

Email: [dmacquarrie@specialolympics.sk.ca](mailto:dmacquarrie@specialolympics.sk.ca)

## 18.0 THIS IS TO CERTIFY THAT THIS TECHNICAL PACKAGE, IN ITS ENTIRETY, WAS APPROVED BY OUR BOARD OF DIRECTORS.

As per the Swim Sask Executive Director's job description and governance, this does not need to go to the Board for approval.

Executive Director SIGNATURE: \_\_\_\_\_

