



**ATHLETICS
TECHNICAL PACKAGE**

**2016 Saskatchewan Summer Games
July 24 – 30, 2016
Estevan, Saskatchewan**

1.0 SPORT:

- 1.1 Competition Site: Estevan Comprehensive School Track
- 1.2 Competition Dates: July 24-27, 2014
- 1.3 Sanction: YES

2.0 PARTICIPANTS:

- 2.1 Number of Competitors per District: 18 Male 18 Female
- 2.2 Coaches and Managers per District: 3 Coaches 1 Manager

Note: Sports that have both male and female competitors must ensure that at least one coach/manager is of the opposite gender of the other(s).

3.0 CLASSIFICATIONS:

- 3.1 Year of Birth: Born in 1999 or later
Athletes must be 17 and under as of December 31, 2016

4.0 ELIGIBILITY:

- 4.1 Athletes: All athletes must abide by the residency criteria and regulations outlined in the Saskatchewan Games' Handbook.

Athletes: Must be members of Saskatchewan Athletics 5 days prior to competition. Athletes may take out a full membership or a day pass.

- 4.2 Coaches: All coaches listed on the official registration form must be fully certified (theory, technical, and practical) under the National Coaching Certification Program to at least level 1 in Athletics.

As a coach or manager of a district team you will be volunteering with children, who are vulnerable members of our society. As per the policy of



the Saskatchewan Games Council all coaches and managers are required to undergo a Criminal Record Check and a Vulnerable Sector Check.

As per the mandatory requirements for all sports in Saskatchewan the “Respect In Sport” online training program must be taken by all coaches. It is strongly recommended that managers take the online training to ensure that as youth leaders they recognize, understand and respond to issues of abuse, bullying and harassment.

- 4.3 Exclusions: Any athlete that has represented Canada at an international competition is not eligible.

5.0 PROVINCIAL REGISTRATION:

Registration is with:

Name: Saskatchewan Athletics
Address: 2020 College Drive
City: Saskatoon, Saskatchewan
Postal Code: S7N 2W4
Phone: 306-664-6744
Fax: 306-664-6761
Email: athletics@sasktel.net

6.0 PROVINCIAL TECHNICAL LIAISON:

Name: Bob Reindl
Address: 2020 College Drive
City: Saskatoon
Postal Code: S7N 2W4
Phone (cellular & other): 306-664-6744 Work, 306-230-8638 Cell
Email: athletics1@sasktel.net

7.0 COMPETITION:

- 7.1 Type of Competition: Track & Field (Men & Women)
- 7.2 Events
- a) Women’s Events: 100m, 200m, 400m, 800m, 1500m, 3000m, 100m hurdles (30”), 300m hurdles (30”), 4x100 relay, Sprint Medley (400m, 200m, 200m 800m), high jump, long jump, triple jump, pole vault, shot put, discus, javelin, hammer, and Pentathlon (100m, HJ, SP, LJ, 800m)
- b) Men’s Events: 100m, 200m, 400m, 800m, 1500m, 3000m, 110m hurdles (36”), 300m hurdles (36”), 4x100m relay, Sprint Medley (400m, 200m, 200m, 800m), high jump, long jump, triple jump, pole vault, shot put, discus, javelin, hammer, and Pentathlon (100m, HJ, SP, LJ, 800m)
- 7.3 Maximum of 2 athletes per district per event



- 7.4 Seeding – Districts will try to provide a seed performance from the 100m to 800m including hurdle events.

8.0 RESULTS:

- 8.1 Order to Finish (Races with Heats) – top 8 will be determined from the final in the 100m, 100m hurdles and 110m hurdles. Top 8 will be determined from the final in the 200m, 400m, 800m, and 300m hurdles and the remaining places will be determined from the times through the heats. A competitor in a track event that advances through the heats to the final, and that starts but does not finish the final, will be awarded the last place finish in the final for the purposes of counting team points.
- 8.2 Advanced from Heats – 100m, 200m, 400m, 800m, 100m Hurdles, 110m Hurdles, 300m Hurdles if there are only 2 heats of eight, 1st and 2nd place from each heat and next fastest 4 times advance to the final. If there are 3 heats, 1st and 2nd from each heat plus the next 2 fastest times advance to the eight lane final. 800m heats and finals will run the first bend in lanes.
- 8.3 Relays – Two heats with the top 2 and next 4 fastest to the final for the 4x100m. The Medley will be Timed Section Finals.
- 8.4 Points – Based on 18 competitors, a first place finish will receive 18 points, second place 17 points, third place 16 points, and so on, except in the relays, where the first place team will receive 18 points, the second place team 16 points, the third place team 14 points, and so on.

If there are fewer than 18 competitors, a first place finish will receive 18 points, second place 17 points, third place 16 points and so on.

A competitor who does not achieve a height in either the high jump or pole vault will receive last place points. A competitor in a field event who fouls all attempts will receive last place points. A competitor in a heat of a track event, or in those track events which have no heats but go straight to the finals, who does not complete the race will receive last place points. Once a competitor has qualified for the final eight and does not complete the race, they will receive last place points in that final. (8th) If a competitor qualifies for the final and does not start the final and does not have a medical release they will receive last place points in that event. (18th)

9.0 TIE BREAKING PROCEDURE:

First place finishes (Gold medals), then Silver and Bronze if necessary.

10.0 SPORT PROTEST PROCEDURE:

Written protests within 30 minutes of the posted results.



11.0 EQUIPMENT:

- 11.1 Equipment to be supplied – Starting blocks, High Jump pits and Pole Vault pits will be provided by the organizers. Throwers may submit their implements for certification and use in the event's equipment pool and must be submitted at the coaches meeting for approval.
- 11.2 Equipment not supplied: Vaulting poles, adhesive tape for relay check points, and replacement spikes.
- 11.3 All matters relating to spikes shall be as per the IAAF rule book. Maximum spike length is 7mm for all events except high jump and javelin where 9mm will be accepted as per specifications by the competition track manufacturer.
- 11.4 Photo Timing must be reserved and rented by Host.
- 11.5 Throws Equipment will be supplied by Sask Athletics:
Women's – Shot Put – 3kg; Discus – 1kg; Javelin – 500gm; Hammer 3kg
Men's – Shot Put – 5kg; Discus – 1.5kg; Javelin – 700gm; Hammer 5kg

12.0 SPORT JURY:

Provincial Technical Liaison, Meet Director, Track Referee, Field Referee

13.0 OFFICIALS REQUIRED:

- 13.1 Major Officials: 2 starters, 1 Assistant starter, 1 marshall, 1 photo reader, 1 photo judge, 1 computer results person, 1 chief umpire, 1 track referee, 1 field referee, 1 high jump chief, 1 long jump chief, 1 Triple Jump chief, 1 pole vault chief, 6 officials for Throws (2 teams of 3), 1 wind gauge operator (track), 1 wind gauge operator (field).
- 13.2 Minor Officials: 2 photo officials, 1 recorder, 6-10 umpires, 3 judges, 3 high jump helpers, 5 pole vault helpers, 5 helpers for Long Jump, 8 helpers for Triple Jump and two teams of 6 helpers required for Throws.

Note: Depending on the schedule, the throws officials can double up and sometimes the jumps officials can as well.

14.0 MEDICAL SERVICES

On-site first aid and physiotherapy



15.0 MEDALS

Event	Gold	Silver	Bronze
100m	2	2	2
200m	2	2	2
400m	2	2	2
800m	2	2	2
1500m	2	2	2
3000m	2	2	2
110M Hurdles	1	1	1
100m Hurdles	1	1	1
300m Hurdles	2	2	2
Pole Vault	2	2	2
High Jump	2	2	2
Long Jump	2	2	2
Triple Jump	2	2	2
Shot Put	2	2	2
Discus	2	2	2
Javelin	2	2	2
Hammer	2	2	2
Pentathlon	2	2	2
4x100m	6	6	6
Sprint Medley	4	4	4
Total	44	44	44

16.0 DISTRICT TEAMS SELECTION CRITERIA

All Districts will use in order to get the best athlete performance from the following meets:

- 1 - High School district results / City Championships results
- 2 – High School provincial results
- 3 – Sanctioned meets by Sask Athletics prior to the District deadline for events not offered at the above meets.

17.0 PROVINCIAL SPORT CONTACT

Name: Bob Reindl
Address: 2020 College Drive
City: Saskatoon, Saskatchewan
Postal Code: S7N 2W4
Phone: 306-664-6744
Email: athletics1@sasktel.net

18.0 THIS IS TO CERTIFY THAT THIS TECHNICAL PACKAGE, IN ITS ENTIRETY, WAS APPROVED BY OUR BOARD OF DIRECTORS.



(Please indicate in the space provided, the date of the meeting and when it was approved. This package must be signed by your President before returning it to the Saskatchewan Games Council.)

MEETING DATE: September 21, 2014

PRESIDENT'S SIGNATURE: _____

Name: Alan Sharp
Address: 18 Caldwell Drive
City: Yorkton
Postal Code: S3N 4A4
Phone Home: 306-782-1497
Email: alan.sharp@gssd.ca

