



**TRIATHLON
TECHNICAL PACKAGE
2020 Saskatchewan Summer
Games July 26 – Aug 1, 2020
Lloydminster**

1.0 SPORT: TRIATHLON

- 1.1 Competition Site: Bud Miller Park
- 1.2 Competition Dates: July 26-29 , 2020
- 1.3 Sanction: Yes

2.0 PARTICIPANTS:

- 2.1 Number of Competitors per District: 3 Male 3 Female
- 2.2 Coaches and Managers per District: 1 Coach 1 Manager

Note: Sports that have both male and female competitors must ensure that at least one coach/manager is of the opposite gender of the other(s).

3.0 CLASSIFICATIONS:

- 3.1 Year of Birth:
Age Groups: 12-15 (age on Dec 31st 2020)
Only 1 age group in the 2020 games

4.0 ELIGIBILITY:

- 4.1 Athletes: Qualification at regional competitions. Triathlon Saskatchewan plans to offer qualification events in each of the nine sport districts but reserves the right to offer regional competitions if no local events can be organized in a given sport district.

- 4.2** Coaches: At minimum, must be trained as a youth community NCCP Triathlon Coach.

As a coach or manager of a district team you will be volunteering with children, who are vulnerable members of our society. As per the policy of the Saskatchewan Games Council all coaches and managers are required to undergo a Criminal Record Check and a Vulnerable Sector Check.

As per the mandatory requirements for all sports in Saskatchewan the "Respect In Sport" online training program must be taken by all coaches. It is strongly recommended that managers take the online training to ensure that as youth leaders they recognize, understand and respond to issues of abuse, bullying and harassment.

- 4.3** Exclusions: no exclusions

5.0 PROVINCIAL REGISTRATION:

Registration is with: The Saskatchewan Triathlon Association Corporation

Name: Chris Gdanski
Address: PO Box 32080
City: Regina, SK
Postal Code: S4N 7L2
Phone (work & cellular): 306-519-1822
Email: info@triathlonsaskatchewan.org

6.0 PROVINCIAL TECHNICAL LIAISON:

Name: TBD
Address:
City:
Postal Code:
Phone Email:

7.0 COMPETITION:

- 7.1** Type of Competition: Triathlon
7.2 Events

1) **Individual Triathlon:** Each athlete will complete the distances stated below.
Age 12-15 300m Swim, 10k Bike, 3K Run

- 2) **Team Triathlon:** A team will consist of 3 athletes of the same gender who will race in a relay format. Teams must pre-determine an order for their athletes to compete. The first competitor from each District will complete the swim, bike and run course before tagging the second competitor (and the second to the third). If one competitor is unable to continue, the team is disqualified.

Age 12-15 150m Swim, 6K Bike, 1.5K Run

3) **Individual Aquathlon:** Age 12- 15 300m Swim, 1km Run

4) **Mixed Team Triathlon:** A team will consist of two athletes of opposite gender who will race in a relay format. Teams must pre-determine an order for their athletes to compete. The first competitor from each district will complete the swim, bike and run course before tagging the second competitor. If one competitor is unable to continue, the team is disqualified.

Age 12-15 150m Swim 6K Bike, 1.5K

Run **8.0 RESULTS:**

The distances for all events will be set to meet the goals and requirements of LTAD while accommodating the requirements of the venue.

8.0 Results Program: Electronic results produced by chip timing supplied by Triathlon Saskatchewan

8.1 Results Format: Electronic results ranking first to last

8.2 Sport Scoring:

9.0 TIE BREAKING PROCEDURE: n/a

10.0 SPORT PROTEST PROCEDURE: as per International Triathlon Union Rules

11.0 EQUIPMENT: Transition set up (bike racks etc.) provided by Triathlon Saskatchewan. The Local Organizing Committee to provide appropriate items such as barricades, cones for road closures, signage as dictated by the venue. LOC will provide fencing for the transition area.

SPORT JURY: Three member competition jury including, Triathlon Official, STAC Representative, Local Organizing Committee Representative.

12.0 OFFICIALS REQUIRED:

12.1 Major Officials - 3

12.2 Minor Officials - 4

13.0 MEDICAL SERVICES: Ambulance, first aid and first responders on site. Two lifeguards for the swim portion of the event each day.

14.0 MEDALS

Event	Gold	Silver	Bronze
Individual Triathlon	2	2	2
Team Triathlon	6 (3 team medals)	6 (3 team medals)	6 (3 team medals)
Mixed Team Triathlon	2 (2 team medals)	2 (2 team medals)	2 (2 team medals)
Aquathlon	2	2	2
Total	12	12	12

15.0 DISTRICT TEAMS SELECTION CRITERIA

1st, 2nd and 3rd place finishers in age groups for male and female. Roll down method to determine subsequent spots if either or both the first, second and third place finisher decline their spot on the team.

16.0 PROVINCIAL SPORT CONTACT

Name: Chris Gdanski
Address: PO Box 32080
City: Regina, SK
Postal Code: S4N7L2
Phone (cellular): 306-519-1822 Email:
info@triathlonsaskatchewan.org

17.0 THIS IS TO CERTIFY THAT THIS TECHNICAL PACKAGE, IN ITS ENTIRETY, WAS APPROVED BY OUR BOARD OF DIRECTORS.

(Please indicate in the space provided, the date of the meeting and when it was approved. This package must be signed by your President before returning it to the Saskatchewan Games Council.)

MEETING DATE: September 10, 2018

PRESIDENT'S SIGNATURE: _____

Name: Shawn Rempel
Address: 567 Atton Lane
City: Saskatoon, SK
Postal Code: S7W OK6
Phone : 306-222-3654
Email: president@triathlonsaskatchewan.org