



## **North American Indigenous Games Team Sask-Athletics Trials for Track and Field, and Cross-Country September-October 2016**

The North American Indigenous Games (NAIG) will be held **July 16-23, 2017, in Toronto, Ont.** Trials for the Saskatchewan Team going to these games will be held as follows:

### **Track and Field**

Site Prince Albert, SK – Carlton High School Track

Date September 24, 2016, (2:00PM to 6:00PM), September 25, 2016 (10:00AM to 2:45 PM)

### **Cross Country**

Site Muskoday First Nation (Approximately 20 Km Southeast of Prince Albert on Highway #3)

Date October 1, 2016

### **Registration**

Track and Field- September 24 & 25, 2016

Registration will begin at 10:30AM Saturday, September 24, 2016 in the Zone 8 Building at the south end of the track at Carlton Comprehensive High School and continue throughout the meet. All athletes must register prior to competing and receive their competition numbers.

Cross Country- Saturday, October 1, 2016

10:30 AM Registration will start at Muskoday School.

11:00 AM Course walk through.

12 noon First race (see schedule)

### **Fees**

Track and Field

Each athlete will be assessed a \$50 participation fee for athletics which covers both track and field and Cross Country. This fee is assessed to all participants of all sports and must be submitted prior to participation in the trials. Certified cheque or money order payable to Saskatchewan Aboriginal Track and Field may be submitted with registration form by September 19, 2016 or make payment when registering (Visa payment will be available on site or cash may be used for payment) but entries must be mailed, faxed or e-mailed in by the deadline to avoid late fees (you may also enter online). A late fee of an additional \$20 will be assessed for athletes entering on the day of the meet. All late entries must be completed by 12:00 noon Saturday, September 24, 2016 for Track and Field.

Cross Country

A registration fee of \$50 will be charged for all participants who did not participate in the Track and Field Trials held in Prince Albert on September 24 & 25, 2016.

### **Entries**

Track and Field

\*\*Entries are to be mailed, faxed or e-mailed to Saskatchewan Aboriginal Track and Field (address at bottom of Entry Form) by September 19, 2016 to avoid late fees. You may also enter online. Online entry information is available on the Saskatchewan Aboriginal Track and Field website: [www.saskatf.ca](http://www.saskatf.ca)



### Cross Country

If an athlete is entering only Cross Country trials, submit entries to Saskatchewan Aboriginal Track and Field at the address listed on the bottom of the Entry Form or online at: [www.saskatf.ca](http://www.saskatf.ca) by September 26, 2016 to avoid late fees.

### **Team Selection**

Team selection will be held after the cross-country trials by the NAIG Team Staff. **Only 8 athletes can be selected in each age group to cover all events including cross-country, therefore winning an event at the trials does not guarantee a spot on the team due to limited team size.** Distance runners are encouraged to enter cross-country as well as track events.

### **Eligibility**

Indigenous Ancestry:

All athletes competing in the NAIG must be born of North American Indigenous ancestry.

All participants must make available proof of ancestry. The following will be accepted as proof of ancestry.

#### **Canada:**

Treaty/status Card, First Nations' Card, Inuit and Inuvait identification, or Provincial Metis Card.

If none of the above apply, a Declaration of Indigenous Ancestry must be completed by the athlete, submitted to the team and endorsed by the team Chef de Mission. If a protest is lodged against such a participant, the Declaration accompanied with all relevant proof of ancestry (ie, birth certificate, Tribal/Band letters, and all other pertinent documents) must be presented by the team on behalf of the athlete, as proof of their ancestry.

Events offered are: (N/A) means event not offered for that age group)

CLASS	BANTAM		MIDGET		JUVENILE	
Age as of competition in 2017	2003-2004		2001-2002		1998 – 1999 – 2000	
Gender	M	F	M	F	M	F
80 m	√	√	N/A	N/A	N/A	N/A
100m	N/A	N/A	√	√	√	√
150m	√	√	N/A	N/A	N/A	N/A
200m	N/A	N/A	√	√	√	√
300m	N/A	N/A	√	√	N/A	N/A
400m	N/A	N/A	N/A	N/A	√	√
800m	√	√	√	√	√	√
1200m	√	√	√	√	N/A	N/A
1500m	N/A	N/A	N/A	N/A	√	√
2000m	N/A	N/A	√	√	N/A	N/A
3000m	N/A	N/A	N/A	N/A	√	√
High Jump	√	√	√	√	√	√
Long Jump	√	√	√	√	√	√
Triple Jump	N/A	N/A	√	√	√	√
Shot Put	√ (3kg)	√ (3kg)	√ (4kg)	√ (3kg)	√ (6kg)	√ (4kg)
Discus	√(750g)	√(750g)	√ (1kg)	√ (1kg)	√(1.75kg)	√ (1kg)
Javelin	√(400g)	√(400g)	√(600g)	√(500g)	√(800g)	√(600g)



\*Cross Country is also offered in each age group and trials will be held on October 1, 2016 at Muskoday First Nation. (20Km southeast of Prince Albert on highway #3)

### Cross Country

Age Group	Born in	Distance
Bantam Women	2003-2004	2km
Bantam Men	2003-2004	2km
Midget Women	2001-2002	3km
Midget Men	2001-2002	3km
Juvenile Women	1998-1999-2000	6km
Juvenile Men	1998-1999-2000	8km

Schedule for Cross-Country is as follows:

Registration: 10:30am		Course Walk Through: 11:00am	
	Age Group	Born in	Distance
12:00pm	Bantam Women	2003-2004	2km
12:15pm	Bantam Men	2003-2004	2km
12:30pm	Midget Women	2001-2002	3km
12:45pm	Midget Men	2001-2002	3km
1:10pm	Juvenile Women	1998-1999-2000	6km
1:25pm	Juvenile Men	1998-1999-2000	8km



## NAIG Athletics' Trials (Track & Field and Cross Country) Registration and Entry Form 2016

Name \_\_\_\_\_

Address \_\_\_\_\_ Postal Code \_\_\_\_\_

Year of Birth \_\_\_\_\_ Gender (M/F) \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Treaty Number or Metis Number \_\_\_\_\_

\*Note – At the North American Championships athletes may compete in a maximum of 4 events plus 2 relays (Cross Country counts as one of the events). There is no restriction on the number of events an athlete may enter at the Trials.

Events Entered for Track and Field Trials:

Event	Best Performance in 2016 if known	Event	Best Performance in 2016 if known
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Please indicate whether or not you are entering Cross Country Trials on October 1, 2016 in Muskoday.

**Cross Country (Yes/No)** \_\_\_\_\_

Mail or deliver forms and  
Payment to:  
(Note: Entry Fee may be paid when  
registering, but entries must be  
submitted by the deadline to avoid  
late fees)

NAIG Team Sask Athletics Trials  
Saskatchewan Aboriginal Track and Field  
204 25<sup>th</sup> street west  
Saskatoon, SK  
S7L 0C4

Fax: 306-664-6761  
E-mail: [info@saskatf.ca](mailto:info@saskatf.ca)  
Register online at:  
[www.saskatf.ca](http://www.saskatf.ca)



## **NORTH AMERICAN INDIGENOUS GAMES TEAM SASK 2016** **ATHLETICS TRIALS Schedule**

### **TRACK EVENTS Saturday September 24, 2016**

- 2:00 - 80 Bantam Women Heats (Finals run here if 8 or fewer)
- 2:05 - 80 Bantam Men Heats (Finals run here if 8 or fewer)
- 2:10 - 100 Midget Women Heats (Finals run here if 8 or fewer)
- 2:15 - 100 Midget Men Heats (Finals run here if 8 or fewer)
- 2:20 - 100 Juvenile Women Heats (Finals run here if 8 or fewer)
- 2:25 - 100 Juvenile Men Heats (Finals run here if 8 or fewer)
  
- 2:45 - 1200 Bantam Women Final
- 2:55 - 1200 Bantam Men Final
- 3:05 - 1200 Midget Women Final
- 3:15 - 1200 Midget Men Final
- 3:25 - 1500 Juvenile Women Final
- 3:35 - 1500 Juvenile Men Final
  
- 4:45 - 100 Midget Women Final
- 4:50 - 100 Midget Men Final
- 4:55 - 100 Juvenile Women Final
- 5:00 - 100 Juvenile Men Final
- 5:05 - 80 Bantam Women Final
- 5:10 - 80 Bantam Men Final
  
- 5:40 - 300 Midget Women Final
- 5:45 - 300 Midget Men Final
- 5:50 - 400 Juvenile Women Final
- 5:55 - 400 Juvenile Men Final



## **Track Events Sunday, September 25, 2016**

10:00 -150 metres Bantam Women Heats (Finals run here if 8 or fewer)  
10:10 -150 metres Bantam Men Heats (Finals run here if 8 or fewer)  
10:20 -200 metres Midget Women Heats (Finals run here if 8 or fewer)  
10:30 -200 metres Midget Men Heats (Finals run here if 8 or fewer)  
10:40 -200 metres Juvenile Women Heats (Finals run here if 8 or fewer)  
10:50 -200 metres Juvenile Men Heats (Finals run here if 8 or fewer)

11:15 -800 Bantam Women  
11:20 -800 Bantam Men  
11:25 -800 Midget Women  
11:30 -800 Midget Men  
11:35 -800 Juvenile Women  
11:40 -800 Juvenile Men

1:15 -150 Bantam Women Final  
1:20 -150 Bantam Men Final  
1:25 -200 Midget Women Final  
1:30 -200 Midget Men Final  
1:35 -200 Juvenile Women Final  
1:40 -200 Juvenile Men Final

2:00 -2000 Midget Women  
2:10 -2000 Midget Men  
2:20 -3000 Juvenile Women  
2:35 -3000 Juvenile Men



## **FIELD EVENTS (Saturday, September 24, 2016)**

	Bantam Women	Bantam Men	Midget Women	Midget Men	Juvenile Women	Juvenile Men
	2003-2004	2003-2004	2001-2002	2001-2002	1998-99-2000	1998-99-2000
2:00	Long Jump	Discus 750g	Triple Jump	Javelin 600g	High Jump	Shot Put 6kg
3:00	Shot Put 3kg	Long Jump	Discus 1kg	Triple Jump	Javelin 600g	High Jump
4:00	High Jump	Shot Put 3kg	Long Jump	Discus 1kg	Triple Jump	Javelin 800g
5:00	Javelin 400g	High Jump	Shot Put 3kg	Long Jump	Discus 1kg	Triple Jump

## **FIELD EVENTS (Sunday, September 25, 2016)**

	Bantam Women	Bantam Men	Midget Women	Midget Men	Juvenile Women	Juvenile Men
	2003-2004	2003-2004	2001-2002	2001-2002	1998-99-2000	1998-99-2000
10:00		Javelin 400g	High Jump	Shot Put 4kg	Long Jump	Discus 1.75kg
11:00	Discus 750g		Javelin 500g	High Jump	Shot Put 4kg	Long Jump