

**2016 Saskatchewan Summer Games
Estevan, SK. July 24th – July 30th, 2016
Rivers West District Information**

What to Bring:

- Team clothing
- Team Rivers West walk out uniform (ball cap, t-shirt and jacket)
- Sport Equipment
- Pillow
- Sleeping Bag
- Personal clothing (make sure to bring rain gear too!)
- Medication – all prescription medications that are not required for the athlete to have in their possession must be signed into the Polyclinic. These medications will be stored in a locked box or refrigerated if needed and dispensed by an RN.
- Personal toiletries
- Face cloth/towel
- Flashlight
- Lock for Athlete's Village Lockers
- Personal identification
- Shower sandals
- Swim Suit
- Pajamas
- Alarm Clock
- Ear Plugs
- Sunglasses
- Cash or bank card
- Chargers/power cords



DO NOT BRING VALUABLES!! Doing so is at your own risk!

Transportation:

- All athletes/coaches/managers **MUST** travel to Estevan with the Rivers West District team. Buses will be departing on July 24th (1st half) & July 27th (2nd half).
- When you are in Estevan, transportation to sport venues and food services will be provided.

Please bring a bag lunch to eat during the trip to Estevan as the buses will not be stopping for lunch.

Accommodation/Meals:

- The Athletes Village will be at Estevan Comprehensive School. All athletes/coaches/managers **MUST** stay in the village.
- Meals will all be provided at the Athletes Village.

GOOD LUCK!! GO TEAM RIVERS WEST!!